



August



FREE PARENT DISCUSSION GROUP SERIES

The Mental Health Association

10AM-12PM

31 Water St #7, Jamestown NY

DATE	August 16th	August 23rd	August 30th	4th Session TBD
TOPIC	Dealing with Disobedience	Hassle Free Shopping	Developing Good Bedtime Routines	Managing Fighting and Aggression

IN PERSON OR ZOOM SIGN UP TO JOIN THE AUGUST CLASSES



TEXT: (716) 489-8999



CALL: (716) 664-3608 EXT 110



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