

Attention Parents OF CHILDREN 0-12 YEARS OLD

**FREE
PARENTING
DISCUSSION
GROUP
SERIES**

**FREE
GOODY BAG
FOR YOU
AND YOUR
CHILD**

Triple P

Positive Parenting Program

Fridays at MHA

The Mental Health Association

6975, 31 Water St # 7, Jamestown, NY 14701

MARCH 3

10:00-12:00PM

**DEALING WITH
DISOBEDIENCE**

MARCH 17

10:00-12:00PM

**DEVELOPING
GOOD BEDTIME
ROUTINES**

MARCH 24

10:00-12:00PM

**HASSLE-FREE
SHOPPING**

MARCH 31

10:00-12:00PM

**FIGHTING
AND
AGGRESSION**

**ATTENDANCE
incentive!!!**

ATTEND 1 OR ALL

BONUS:

Prevention Works has
partnered with
The Prevention Council
to lead us through
calming tools & wellness
techniques for parenting.

PARENTS OF CHILDREN 0-12:
ATTEND 4 TRIPLE P PARENTING
DISCUSSION WORKSHOPS AND
AUTOMATICALLY BE ENTERED
TO WIN:

- \$10 amazon gift card
- Triple P workbooks
- Prevention Works t-shirt
- Deterra med disposal & storage products
- and more...



TO REGISTER FOR A WORKSHOP CLICK HERE,
CALL TRACY @ 716.203-1609
EMAIL TRACY@PREVENTIONWORKS.US OR QR CODE
WALK-INS WELCOME! ZOOM OPTIONS AVAILABLE!



PREVENTION
WORKS

Educate ■ Collaborate ■ Motivate



United Way of Southern
Chautauqua County

