

2023 Alcohol Awareness Month Poster Contest

Theme: “Choices are POWERFUL & I Choose ME”

Contest Rules:

- ✓ All Chautauqua County students in grades 3 – 12 are invited to participate. This includes public, private, or home-schooled students.
- ✓ Limit **one** poster per student.
- ✓ **11” x 17”** (ledger size) paper or poster board **ONLY**. All other sizes will be disqualified.
- ✓ Color **or** black and white posters are accepted.
- ✓ Computer generated posters are **NOT** accepted.
- ✓ 3-D posters are **NOT** accepted.
- ✓ The theme “**Choices are POWERFUL & I Choose ME**” must be noted somewhere on the **FRONT** of the poster.

No trademarks or publicly know figures accepted.

Original artwork only.

- ✓ Posters should contain a clean no-use message about healthy life choices available to us every day. Prevention Works encourages using a **positive message** - for example, the benefits of knowing you made a healthy choice, etc.
- ✓ Please check your spelling. Misspelled words will **disqualify** your poster.

Posters must have the following information neatly printed or typed on the **BACK** of the poster in order to qualify for judging:

Student’s Name, Home Phone Number, Home Address, School Name, School Grade, Teacher’s Name, and School Phone Number

- ✓ Posters **must be received by 4:30 pm on Friday March 24, 2023** at either of Prevention Works’ location (Dunkirk or Jamestown), Darwin Barker Library-Fredonia, or the James Prendergast Library – Jamestown.

Posters will become the property of Prevention Works.

A panel of judges will review the posters based on the message and its presentation.

There will be three categories:

Category A (Grades 3, 4 & 5), Category B (Grades 6,7 & 8), Category C (Grades 9-12)

Prizes:

- (1) Grand Prize \$100 & Displayed on a Billboard*
- (3) 1st Prizes -1 from each category \$50,*
- (3) 2nd Prizes – 1 from each category \$25,*
- (3) 3rd Prizes – 1 from each category \$20, and*
- (2) Honorary Mentions \$15.*

Protect yourself from making risky decisions...**Prevention Works!** As a young person you are faced with many challenges. Very few challenges have the potential to affect your life in a more significant way than the decisions you make about alcohol and other drugs. These choices will influence your health, your grades, your relationships, your job or career, your freedom and your future. So, as a young person, what can you do to protect yourself and reduce the risk of alcohol and other drug problems?

Here are some prevention tips to help you get started on your poster:

Don’t be afraid to say no; Choose your friends carefully and avoid negative peer pressure; Make a connection with your parents or another adult that you can talk to; Enjoy life and the people in your life without adding drugs or alcohol; Respect your parents and follow their rules; Educate yourself about alcohol and other drugs; Be a role model and lead by a positive example; Speak up, speak out and take control of your life, your health, your safety, and your future.