

## FREE PARENT DISCUSSION GROUP

## The Mental Health Association

OAM-12PM 31 Water St #7, Jamestown NY

**DATE** 

March 1st

March 8th

lari 15 h

March 22nd

TOPIC

Dealing with Disobedience

Managing Fighting and Aggression

NO CLASS CONTACT AUBREY TO SCHEDULE 1:1

Developing Good Bedtime Routines

## IN PERSON OR ZOOM

**BOOK YOUR SPOT NOW!** 



TEXT: (716) 489-8999















