



Council Connection

News from Chautauqua Alcohol & Substance Abuse Council

Winter Edition

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Two Chiavetta's Chicken BBQ Scheduled to Benefit CASAC

Mark your calendars for two Chiavetta's Chicken BBQ dinners this year. A dinner in the South County will be held on Wednesday, May 23rd and one in the North County will take place on Monday, July 2nd. Locations are still to be determined. All tickets are \$10.00 and will be available through any CASAC Board or staff member, or by calling 366-4623 or 664-3608. Stay tuned for more details.

Narcan Training

There will be a free Opioid Overdose Response Training on Tuesday, February 13, 2018 at 4:00 p.m. at CASAC's Jamestown Office, 501 W. Third Street, Suites 3 & 4 Sprinchorn Building, Jamestown, NY.

Greetings!

It has been a wonderful start to the New Year. The beginning of the 2018 year has been filled with many new collaborations and efforts, which has led to an increase of services and awareness for youth and the community.

On January 4th, CASAC collaborated with Sherman Central School providing a Teen Intervene training for area school districts and agencies. In an effort to expand the reach to youth in all areas of the county, CASAC felt it was important to train counselors, social workers, coaches, and other faculty to be facilitators of this evidence-based program. Teen Intervene, is a brief intervention program for youth between the ages of 12 and 19 that are considered to be mild to moderate substance users. Another collaborative effort occurred between CASAC, Blackwell Chapel Baby Cafe and UPMC Chautauqua WCA, which will provide the community a free training from Dr. Davina Moss-King on Opioid Addiction & Exposure to Infants on February 9th.

In addition to the professional and community trainings, CASAC's staff has increased programming in schools on both ends of the county. The South County is expanding services with the Jamestown City School District, in all of the elementary schools. In the North County, Prevention Educators are now implementing programs with the Campus and Community Children's Center and increasing services in the Dunkirk Middle School's After School Program. Students will be engaged in the "Too Good" program. Each interactive lesson focuses on topics that promote healthy norms, such as Goal Setting, Decision Making, Conflict Resolution, Managing Emotions, Bonding & Relationships, Communication, Drug Awareness and Community Involvement.

Melanie Witkowski
Executive Director

Alcohol Awareness Month Poster Contest Announced

"Be A Thinker Not A Drinker" will be the theme for this year's Alcohol Awareness Month Poster Contest. Flyers announcing the contest have been sent to all Chautauqua County Schools and youth agencies. This marks the 17th year for CASAC's annual poster contest. The contest is open to all Chautauqua County students, grades 3 through 12, and monetary prizes will be awarded to the final twelve posters at an award ceremony in April.



Upon completion of this one-hour training, you will receive a certificate and a free naloxone kit. This training is offered free of charge, but registration is required. Please call 664-3608 to register.

Free Parenting Classes Offered at Mental Health Association

The First Five Years and Active Parenting classes will be offered at the Mental Health Association in Jamestown.

The First Five Years class will be held on Wednesdays, February 7, 14, 21 & 28 from 12:00 pm - 2:00 pm at the Mental Health Association. These classes are for parents of children ages birth - 5.

The Active Parenting class is six 2-hour sessions and will meet on Wednesday's beginning March 7th through April 18th from 12:00 pm - 2:00 p.m. This parenting class is for parents of children ages 5 and up.

CASAC's parenting classes are offered free of charge. For registration or additional information, contact Kathleen Colby at 716-664-3608.



You can be part of the solution!

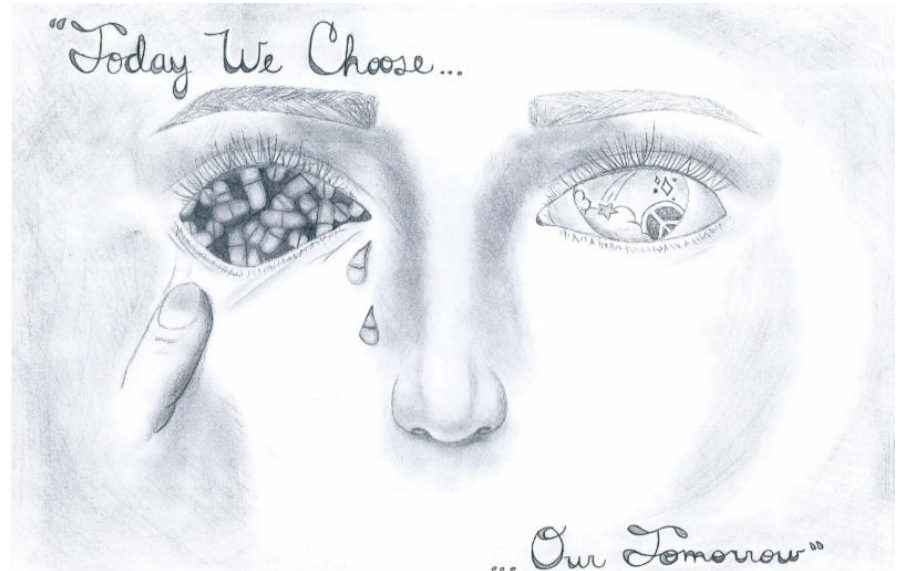
DONATE NOW

CASAC offices are located at:
501 W. Third Street
Suites 3 & 4 Sprinchorn Bldg.
Jamestown, NY 14701
(716) 664-3608

Flyers were designed with the 2017 grand prize poster and the 3 first place winning posters. Additional contest information can be found on our website, www.casacweb.org. The deadline to submit posters is Friday, March 16, 2018. A preliminary judging process will eliminate all but four posters from each category of the three age groups. These twelve posters will then compete in a final judging at an award ceremony, which will be held in April.

CASAC hopes the contest will not only inspire students to participate, but also deliver a positive "no use" message. Please encourage any youth you know or work with to enter this contest. One of them may design the winning 2018 grand prize poster!

Congratulations to last year's winner, Maximus Campbell of Falconer Central School!



Register for One of CASAC's New Trainings

The following training's are currently being offered by CASAC:

"Opioid Addiction & Exposure to Infants"

Dr. Davina Moss-King

Friday, February 9, 2018

10:00 a.m. - 1:00 p.m.

Offered at NO CHARGE by the Blackwell Chapel Baby Cafe, in conjunction with UPMC Chautauqua WCA and CASAC.

Pre-registration is required.

To register, contact Catherine Harrison at charrison414@gmail.com or call 716-708-6399.

"safeTALK "

Suicide Alertness for Everyone

Victoria Patti, MSSA, LMSW

Friday, March 23, 2018

12:00 p.m. - 3:00 p.m.

Offered at NO CHARGE by Chautauqua County Department of Mental Hygiene, Chautauqua Tapestry, The Community Alliance for Suicide Prevention and CASAC.

Pre-registration is required.

To register, contact Kathleen Colby at kjcolby@casacweb.org or call 716-664-3608.

"safeTALK "

Suicide Alertness for Everyone

Victoria Patti, MSSA, LMSW

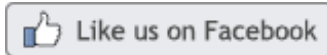
Friday, April 13, 2018

12:00 p.m. - 3:00 p.m.

Offered at NO CHARGE by Chautauqua County Department of Mental Hygiene, Chautauqua Tapestry, The Community Alliance for Suicide

Fax (716) 664-3661

51 E. Third Street
Suite 2
Dunkirk, NY 14048
(716) 366-4623
Fax (716) 366-4624
www.casacweb.org



Join Our Mailing List!

CASAC Staff

- Melanie Witkowski, Executive Director
- Leslie Bianco, Prevention Educator
- Kathleen Colby, Director of Training Services
- Jeff Grodecki, Fiscal Assistant
- Tracy Jespersen, Prevention Educator
- Susan Lepley, Jamestown Office Manager
- Jennifer Montanez, Prevention Educator
- Kelley Potter, Coalition Coordinator
- Laurie Reynolds, Director of Program Services
- Francine Rondenell, Opioid STR Coordinator
- Janelle Simmons, Prevention Educator
- Afroula Snell, Administrative & Support Services Coordinator
- Kathleen J. Stornes, Director of Impaired Driver Program
- Trish Whetstone, Prevention Educator
- Eric Williams, Prevention Educator

2017 CASAC Board of Directors

- Gary Olson, President
- Anthony J. Raffa, Sr., Vice President
- William Osmer, Secretary/Treasurer
- C. Berkeley Adams
- Devyn Agett

Prevention and CASAC.

Pre-registration is required.

To register, contact Kathleen Colby at kjcolby@casacweb.org or call 716-664-3608.

CASAC Hires Prevention Educator

Leslie Bianco, a childhood inclusive education major from Fredonia State University, is CASAC's newest Prevention Educator. Leslie recently completed a student-teacher and long-term substitute position at Temple Elementary School in the Falconer School District.



Leslie will be based out of CASAC's Jamestown office, but will be providing school programs throughout Chautauqua County.

CASAC is pleased to have her join our team as she has already proven to be a great asset! Welcome, Leslie!

Starwalt Joins CASAC Board of Directors

Michele Starwalt has been elected to the CASAC Board to serve a two-year term. Starwalt is a graduate of Our Lady of Mt. Carmel and Holy Trinity Catholic Schools, as well as Silver Creek Central. She was a non-traditional SUNY Fredonia Continuing Ed student and received her Bachelor's Degree in Business Administration from Empire State College and had been accepted into the MBA program at the University of Buffalo.



Michele is the Director of North County Programs for Chautauqua Striders. She recently served as the President of the Dunkirk Rotary Club and is a current Board member for the newly formed Dunkirk-Fredonia Rotary Club. Michele is a CLN graduate, Bishop Edward D. Head Communications Scholarship awardee, and has served on several Boards, and currently is assisting the Cable Access 12 Channel in Dunkirk and beginning a Youth Programming series in the City of Dunkirk.

Michele is first and foremost a mom to three of her greatest and most treasured accomplishments, her daughters: Clarissa, Kristin, and Jessica. She also has 4 granddaughters and 2 grandsons.

Michele's entire life has been built around family, service to others, her faith, and a zest for empowering girls, women, and children while leading them to educational and community opportunities. Welcome, Michele!

About Us

Since 1974, Chautauqua Alcohol & Substance Abuse Council (CASAC), a not-for-profit United Way supported agency, has provided services to prevent the abuse of alcohol, other drugs and gambling to the residents of Chautauqua County. CASAC is the only New York State Office of Alcoholism & Substance Abuse Services (OASAS) approved and supported alcohol and other drug prevention agency in Chautauqua County. CASAC is one of 40 community-based councils across New York State and one of over 200 nationwide. CASAC's mission is to build a safe and healthy environment by effectively educating the community on positive life choices.

- Dr. Mary Carney
- Carol Greco
- Rebecca H. Haines
- Margaret Irwin
- Lois Lindell
- Michele Starwalt
- Frann Wilson
- Arnold Zdrojewski



NCADD

NATIONAL COUNCIL ON ALCOHOLISM AND
DRUG DEPENDENCE, INC.



Community Partner