

# PREVENTION

# WORKS

Educate ■ Collaborate ■ Motivate

April, 2020

*Building a safe and healthy environment  
by effectively educating the community on positive life choices.*

### **At a glance...**

Throughout the current outbreak of COVID-19, the health and safety of our staff and the community remains a priority.

Although Prevention Works doors are closed, we are still providing services and accepting calls at both offices.

Prevention Works Chiavetta's Chicken BBQ scheduled for March 31st in Fredonia has been rescheduled to **June 2nd**.

The BBQ in Jamestown has also been pushed back from April 28th to **June 23rd**.

Thank you for your understanding during this time. Be safe and stay well.

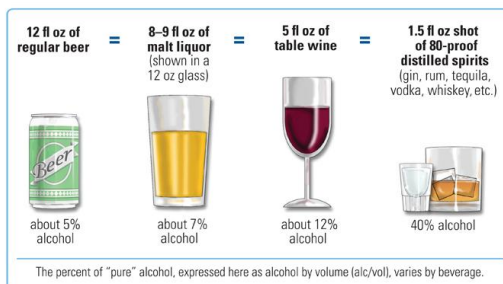
### **Alcohol Awareness Month Poster Contest**

Alcohol Awareness Month is a public health program organized by the National Council on Alcoholism and Drug Dependence (NCADD) as a way of increasing outreach and education regarding the dangers of alcoholism and issues related to alcohol. The program was started in April 1987 with the intention of targeting college-aged students who might be drinking too much as part of their newfound freedom. It has since become a national movement to draw more attention to the causes and effects of alcoholism as well as how to help families and communities deal with drinking problems.

Prevention Works annual alcohol

### **Monthly Media Campaign: April is Alcohol Awareness Month!**

Do you know the size of a standard drink?



### **Take Advantage of our Free Online Trainings: I'm Hurting Too Training (Ongoing)**

Presenter Laurie Reynolds will define the different roles COAs (children of alcoholics/addiction) assume in a dysfunctional home. From this training you will understand each role and how to appropriately respond in healthy ways to help students/youth. You will also learn several coping skills that work well with these youth.

### **Electronic Nicotine Delivery Systems Training (Ongoing)**

Review the dangers of nicotine and its implications on adolescent brain development and addiction. We will outline the different types of Electronic Nicotine Delivery systems, highlight marketing techniques and the aspects of

awareness month poster contest is in its' 19th year and was designed to educate and bring awareness to students in grades 3 - 12 about the use of alcohol and underage drinking.

Due to the unforeseen outbreak of the COVID-19 virus, Prevention Works has extended its poster contest until June 1st. This will allow students, who did not already submit a poster, the opportunity to enter our contest. We are allowing regular size paper during this time, as it is unlikely students would have 11x17 paper on hand at home. Thanks to all of our local school districts, teachers, youth agencies, and parents who encourage students to participate in our annual poster contest.

We look forward to seeing this year's posters and naming this year's top 12 finalists!

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***All Parenting Classes at MHA  
have been cancelled  
at this time.***

***Watch for our upcoming  
online parenting classes!***

Parenting Classes sponsored by United Way  
of Southern Chautauqua County

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***April Events:***

Prevention Works Board Meeting  
(Virtual Meeting)  
April 8  
4:15 pm

Easter  
April 12

vaping subculture, and discuss the risks associated with use. This online training is presented by Ken Dahlgren & Trish Whetstone.

***Stress Management Training  
(Ongoing)***

This free online training is presented by two of Prevention Works Educators, Trish Whetstone and Alex Rodriguez. The training discusses life skills as they relate to stress management and growth mindset. You will learn the “flavors of stress”, how to identify causes of stress, and review coping skills. The instructors also define what a growth mindset is and skills needed to promote growth mindset in your environment.

***Marijuana & Adolescent Brain  
Development Training  
(Ongoing)***

This free online training will review different components of marijuana and how it has changed. The instructors discuss the neural and behavioral risks associated with adolescent use, and will summarize two types of addiction and its impact on adolescent brain development.

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*Where* \*  
FLOWERS  
\* *bloom,* \*  
SO DOES  
\* *hope* \*

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**About Us**

Since 1974, Prevention Works, formerly known as CASAC, a United Way partner agency, has provided social emotional learning and the prevention of risky behaviors in Chautauqua County School Districts and our local community. Prevention Works is the only New York State Office of Addiction Services & Supports (OASAS) approved and supported alcohol and other drug prevention agency in Chautauqua County. For further information about Prevention Works programs and services, call the Jamestown office at 664-3608, or the Dunkirk office at 366-4623, or go to Prevention Works' website, [www.preventionworks.us](http://www.preventionworks.us).

[Visit our website](http://www.preventionworks.us)

***Donate to keep our community thriving.***

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