

# PREVENTION

# WORKS

Educate ■ Collaborate ■ Motivate

October, 2020

*Building a safe and healthy environment  
by effectively educating the community on positive life choices.*

### **At a glance...**

As parents take steps to ensure their children are ready for the new school year with clothes and supplies, it is also important to equip your children with the tools they need to help prevent bullying. Bullying can be physical, verbal or social, and negatively impacts all youth involved - those who are bullied, those who bully others, and those who witness bullying.

Bullying can have lifelong implications on a person's physical and mental health. If not stopped, it can result in injury, social and emotional distress, and sometimes self-harm.

Prevention Works has developed several short videos that you may find useful in teaching your children how to make sound decisions, how to be assertive, and how to communicate well with others. You can find them on our website or click here to watch them on our [YouTube channel](#).

Set your children up for a bright future with these necessary life skills and teach them how to recognize bullying, learn how to prevent it, and how to address the problem if and when it occurs. Sharing with your child what bullying is and the hurt it can cause is the first step in awareness and prevention!

### **October Events:**

Columbus Day  
Prevention Works Offices Closed

### **Monthly Media Campaign:**

Bullying Awareness and  
National Medicine Abuse  
Awareness Month



October is National Medicine Abuse Awareness Month and is the perfect time to get rid of those prescription drugs you may have in your medicine cabinet, on your night stand, or in the cupboard. Although there will not be a national prescription drug take-back day this year, check out our Take to the Box Campaign on our website for permanent prescription drop box sites.

### **Upcoming Parenting Classes:**

First Five Years

**Dates:** Wednesdays, October 22, 29, & November 5, 2020

**Time:** 12:00 pm - 2 pm

### **Active Parenting**

**Dates:** Wednesdays, November 18, 25, & December 2, 2020

**Time:** 12:00 pm - 2 pm

### **Active Parenting of Teens**

**Dates:** Wednesdays, October 21, 29, & November 4, 2020

**Time:** 12:00 pm - 2 pm

October 12

Prevention Works Board Meeting  
October 14

Halloween  
October 31

To register for our online parenting classes, please call (716) 664-3608 or contact Kathy Colby at [kjcolby@preventionworks.us](mailto:kjcolby@preventionworks.us).

Parenting Classes sponsored by United Way of Southern Chautauqua County

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### **About Us**

Since 1974, Prevention Works, formerly known as CASAC, a United Way partner agency, has provided social emotional learning and the prevention of risky behaviors in Chautauqua County School Districts and our local community. Prevention Works is the only New York State Office of Addiction Services & Supports (OASAS) approved and supported alcohol and other drug prevention agency in Chautauqua County. For further information about Prevention Works programs and services, call the Jamestown office at 664-3608, or the Dunkirk office at 366-4623, or go to Prevention Works' website, [www.preventionworks.us](http://www.preventionworks.us).

[Visit our website](#)

***Donate to keep our community thriving.***

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716-664-3608

716-366-4623

email: [info@preventionworks.us](mailto:info@preventionworks.us)

website: [www.preventionworks.us](http://www.preventionworks.us)

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